Quantum Consciousness – Expanding your personal universe

There are two worlds that we depend upon to help us understand our place in the universe, the world of science and the world of spirituality...both with their own version of "truth".

For centuries these worlds have been separated by philosophical, logical and even indoctrinated viewpoints, though a revolution is taking place that is starting to bring these opposing landscapes towards alignment.

Science started to change about a century ago with the discovery of Quantum Mechanics. Suddenly the smallest scientific environments imaginable became even smaller, and we began to understand that at the level of subatomic particles, the laws of Newtonian Physics that had served us well for hundreds of years, no longer worked at all! Gradually we discovered that we are part of the fabric of the universe, and that the small toe on our left foot is made up of the same particles as a planet. We discovered that ultimately we are all connected into a divine matrix of energy, potentially made up of tiny vibrating strings that underpin reality as we know it. We discovered that there are other dimensions, alternate realities, parallel universes and that it all started with a "big bang". The biggest surprise for scientists, was that these theories could all be proven through either mathematics, experimentation or both.

Those two bastions of credibility, good old fashioned (and some new) mathematical formulas and the repeatable experimentation in closely controlled environments, showed clearly that our view of the universe was wrong.

In parallel, a different group of people had been exploring consciousness in many and various ways. These consciousness pioneers were doing their own experimentation and were busy researching and validating Past Life Recall (sometimes under Hypnosis, sometimes not), Near Death Experiences, Astral Travelling experimentation and the Realm Between Incarnations. These expanded states were showing that consciousness does not need a body to survive and could either leave the body for a while and return, or recall an out of body experience while still in body. The doctrines offered through the traditional religions, suddenly seemed to be helpful, merely up to a point, before the thirst for personal experience took people into their own journey of discovery.

Quantum Scientists tell us that we are energy, consisting of subatomic particles and the entire universe is our home.

Consciousness Researchers tell us that we are an energy that shifts, changes and travels unbound by time and space.

Both are right, we are Quantum Consciousness.

We are a window to a dynamic and unfolding universal journey. Simply put, we are a human portal waiting to be released into the fabric of the cosmos itself.

Profile: Peter Smith and Melina Paisio are the Founders of the Institute for Quantum Consciousness (www.instituteforquantumconsciousness.com). Peter is a leader in Spiritual Hypnotherapy globally and an emerging thought leader in consciousness studies. He speaks regularly at conferences, on radio programs and has participated in a number of documentaries both in Australia and overseas. He is currently President of the Michael Newton Institute for Life Between Lives Hypnotherapy. His book "Quantum Consciousness – Expanding your personal universe" documents research and life changing case studies, into this emerging field, blending Quantum Physics with Expanded States of Awareness.