

A powerful absence of time...

The concept of time is woven into our conscious state in a way that provides us with certainty and understanding of how the world works. In an ever changing world it serves us to have at least one thing that is constant. Though is it really?

Every day in many ways we move into an energy of timelessness. On occasion time seems to drag, other times it seems to speed up. We see ourselves as “early”, “late” or “on time” for an appointment, though is that not just a perception that we ourselves create?

When we meditate we move further into this timeless state, realising that time can slow as we lower our brainwave patterns from the Beta range that permeate the busyness of modern life, into the Alpha and Theta ranges. Though this is just the beginning...

As a specialist in the subconscious mind, I've seen amazing aspects of timelessness. For many years, I've been delving into the subconscious and even superconscious states of clients, who are eager to explore an absence of time through their expanded states of awareness. Age regression techniques, can uncover countless sources of anxiety and depression stored energetically in the subconscious of the client, from earlier ages even as far back as during the experience of their Mother's womb. It is only the conscious mind that eagerly embraces the concept of time. As we move deeper we find that the subconscious and beyond, embrace the concept of energy.

Our entire universe is made up of energy. Quantum Physicists have been telling us for 100 years that this is the real truth as we move to the subatomic level. Einstein himself advocated that time is not a constant, and can change under certain conditions. How powerful would we become if we could be our own timemasters, using time to our advantage?

At the Institute for Quantum Consciousness, we have been experimenting with and facilitating journeys outside of time and space. We have discovered that everything we have ever experienced, whether it serves powerfully or holds us back, is energetically recorded in our personal universe. It is held there as our own contribution to all there is, awaiting our “remembering” of it, as a way to source profound wisdom or heal deeply.

We exist outside of time and space. We can access ourselves at any age, past, present or future. How powerful it becomes to access yourself ten years from now as a way to make decisions today. Ripples of wisdom from the quantum echoes across your personal universe can bring peace, healing and assistance in the practical decision making processes of the present. In your own expanded states of awareness, you have more at your fingertips than you could ever possibly imagine.

The message to all of us is clear.

We are far more magnificent than we believe ourselves to be. If we drift outside of time, we have access to every resource we have ever accumulated through this and other lifetimes, other realities and dimensions. They continue to unfold in parallel in this Quantum universe where time is an illusion and our greatest potential is within our grasp.

All we have to do is Remember who we are in our greater being. As Rumi said “we are the universe in ecstatic motion”.

Yours is waiting to be explored.

Profile: Peter Smith and Melina Paisio are the Founders of the Institute for Quantum Consciousness (www.instituteforquantumconsciousness.com). Peter is a leader in Spiritual Hypnotherapy globally and an emerging thought leader in consciousness studies. He speaks regularly at conferences, on radio programs and has participated in a number of documentaries both in Australia and overseas. He is currently President of the Michael Newton Institute for Life Between Lives Hypnotherapy. His book “Quantum Consciousness – Expanding your personal universe” documents research and life changing case studies, into this emerging field, blending Quantum Physics with Expanded States of Awareness.