

## Humanity Rising – Pete’s Blog June 2020

We are at a remarkable crossroads of consciousness. We have a choice to return to the old way of being and take this glorious planet in an irretrievable direction, or we can centre ourselves in our heart space and move through a period of change into the liberation of our species.

Our old life of planetary exploitation, materialism, fear-based culture and spiritual sleeping is over. The collective consciousness of humanity takes a deep breath and holds it, awaiting the outcome of our collective free will.

So the breaking news is clear...

We are so much more than we know, being almost limitless in our potential. We simply live life in an unremembered state, though anyone who has been blessed with some form of transcendent experience, be it an Near Death Experience (NDE), an out of body journey of various kinds or encountered the metaphysical universe in a way that can't be explained has already learned this truth.

We are vibrational beings in a universal symphony of light. So in order to change everything on this planet, we simply need to pause and accept this. It offers the existential flip of perspective. Rather than be a human being having a spiritual experience now and then, we are multidimensional souls here to make a difference to the fabric of reality itself.

Spiritual teachers tell us we are a divine spark of consciousness, eternal in our existence. Scientists tell us we are made of tiny vibrating strings of energy across multiple realities that form, move and play under our own intention. Both are right and its time to simply accept who we really are.

As we do, we transcend fear, moving out of our highly activated fight or flight response.

We also see ourselves as one humanity without separation.

Our societal and familial conditioning falls away and sets us free.

We begin to understand that the pains we have experienced were our greatest teachers and not our traumas.

We start to build a new world on a culture of equality, oneness and unison with the earth. Then a new generation of leaders step forward who hold these themes in their hearts in an energy of selfless service.

This is how it begins, with 4 simple actions:

Challenge an old world mindset, speaking from a place of love – and its ok to start small.

Do someone a good turn, that was unexpected. Show them the world is changing.

Say no to those who would try to take you into fear, simply smile and decline the energy they offer.

Hold in your heart the full and complete knowing of your own magnificence, and start to allow it to radiate out from you to touch the hearts and the minds of others.

Let this wave of new thought and vibration start to change the world. Its time...

...and we need to do it for our children.